



*Sacred Heart
Catholic Church
Sheffield*



Prayers to Our Lady

Apri 2020

Prayers to Our Lady

In May we remember Our Lady, mother of our saviour. As Catholics, our devotion to Mary is an important aspect of our prayer lives. Let us honour Mary with regular reflection and recitation of the following prayers throughout this month. If you have a statue or an icon of Our Lady, then you may wish to have it close by when you are praying.

Hail Mary

Hail Mary full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

The Memorare

Remember, O most loving Virgin Mary, that it is a thing unheard of that anyone who had recourse to your protection, implored your help, or sought your intercession, was left forsaken.

Filled therefore with confidence in your goodness, I fly to you, O Mother, Virgin of virgins. To you I come; before you I stand a sorrowful sinner. Despise not my words, O Mother of the Word, but graciously hear and grant my prayer.

The Magnificat (Luke 1: 46 - 55)

My soul glorifies the Lord, and my spirit rejoices in God my Saviour. He looks on his servant in her lowliness; henceforth all ages will call me blessed;

The Almighty works marvels for me, Holy is His Name! His mercy is from age to age, on all who fear Him.

He puts for His arm in strength and scatters the proud-hearted. He casts the mighty from their thrones and raises the lowly.

He fills the starving with good things, sends the rich away empty. He protects Israel, His servant, remembering His mercy, the mercy promised to our fathers, to Abraham and his sons forever.

The Angelus - usually said at midday and 6 pm

V/. The Angel of the Lord declared unto Mary.

R/. And she conceived by the Holy Spirit.

Hail Mary, full of grace ...

V/. Behold the handmaid of the Lord.

R/. Be it done unto me according to your word.
Hail Mary, full of grace ...

V/. (with head bowed) And the Word was made flesh.
R/. And dwelt among us.
Hail Mary, full of grace ...

V/. Pray for us, O holy Mother of God.

R/. That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts, that, we to whom the incarnation of Christ, your Son, was made known by the message of an angel, may by His Passion and Cross, be brought to the glory of His Resurrection. Through the same Christ our Lord. Amen.

Prayer for Our Country

O Blessed Virgin Mary, Mother of God and our most gentle Queen and Mother, look down in mercy upon our country and upon us all who greatly hope and trust in thee.

By thee it was that Jesus, our Saviour and our hope, was given unto the world; and He has given thee to us that we might hope still more.

Plead for us thy children, whom thou didst receive and accept at the foot of the Cross.

O sorrowful Mother, intercede for our separated brethren, that, with us in the one true fold they may be united to the Chief Shepherd, the Vicar of thy Son.

Pray for us all, dear Mother, that by faith fruitful in good works we may all deserve to see and praise God together with thee in our heavenly home. Amen.

Hail Queen of Heaven (Ave Regina Coelorum)

Hail, Queen of Heaven, beyond compare,

To whom the angels homage pay;

Hail, Root of Jesse, Gate of Light

That opened for the world's new Day

Rejoice, O Virgin unsurpassed,

In whom our ransom was begun,

For all your loving children pray

To Christ, our Saviour, and your Son.

The Regina Coeli

V/. Queen of Heaven, rejoice! Alleluia.

R/. For He whom you were worthy to bear. Alleluia.

V/. Has risen as He said. Alleluia.

R/. Pray for us to our God. Alleluia.

V/. Rejoice and be glad, O Virgin Mary. Alleluia.

R/. For the Lord has risen indeed. Alleluia.

Let us pray: God our Father, you gave joy to the world by the Resurrection of your Son, our Lord Jesus Christ. Through the prayers of his Mother, the Virgin Mary, bring us to the happiness of eternal life.

We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, forever and ever. Amen.

The Mysteries of the Holy Rosary - you may find it useful to visit the website below which offers ideas to focus on as you meditate on each mystery of the Rosary.

<http://www.how-to-pray-the-rosary-everyday.com/meditations-on-the-rosary.html>

(copy and paste into your browser)

Joyful Mysteries of the Rosary (usually said Monday & Saturday)

The Annunciation

The Visitation

The Nativity

The Presentation

Finding in the Temple

Luminous Mysteries of the Rosary (usually said Thursday)

Baptism in the Jordan

Wedding at Cana

Proclaiming the Kingdom

Transfiguration

Institution of the Eucharist

Sorrowful Mysteries of the Rosary (usually said Tuesday & Friday)

Agony in the Garden

Scourging at the Pillar

Crowning with Thorns

Carrying of the Cross
Crucifixion

**Glorious Mysteries of the Rosary (usually said Wednesday &
Sunday)**

Resurrection

Ascension

Descent of the Holy Spirit

Assumption of Our Lady

Coronation of Our Lady

Hail Holy Queen (Salve Regina)

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O clement, O loving, O sweet Virgin Mary!

V/. Pray for us, O Holy Mother of God

R/. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech you, that meditating on the mysteries of the most holy Rosary of the Blessed Virgin Mary, we may both imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.

Mother of Christ (Alma Redemptoris Mater)

Mother of Christ! hear thou thy people's cry,

Star of the deep and Portal of the sky!

Mother of Him who thee from nothing made,

Sinking we strive, and call to thee for aid:

Oh, by that joy which Gabriel brought to thee,

Thou Virgin, first and last, let us thy mercy see.

Under Your Protection we fly to thy protection, O holy Mother of God.

Despise not our petitions in our necessities,

but deliver us always from all dangers

O glorious and blessed Virgin.

Prayer to Our Lady in Difficult times

Holy Virgin Mary, you are reigning in glory, with Jesus, your Son.
Remember us in our sadness. Look kindly on all who are suffering or
facing any difficulty.

Have pity on those who are separated from someone they love.

Have pity on the loneliness of our hearts.

Have pity on the weakness of our faith and love.

Have pity on those who are weeping, on those who are praying, on
those who are fearful.

Holy Mother, please obtain for all of us hope and peace with justice.
Amen.

The Litany of Our Lady

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us.

Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven,

Have mercy on us.

God the Son, Redeemer of the world,

Have mercy on us.

God the Holy Ghost, Have mercy on us.

Holy Trinity, one God, Have mercy on us.

Holy Mary,	Pray for us.
Holy Mother of God,	Pray for us.
Holy Virgin of virgins,	Pray for us.
Mother of Christ,	Pray for us.
Mother of divine grace,	Pray for us.
Mother most pure,	Pray for us.
Mother most chaste,	Pray for us.
Mother inviolate,	Pray for us.
Mother undefiled,	Pray for us.
Mother most amiable,	Pray for us.
Mother most admirable,	Pray for us.
Mother of good counsel,	Pray for us.
Mother of our Creator,	Pray for us.
Mother of our Savior,	Pray for us.
Virgin most prudent,	Pray for us.

Virgin most venerable,	Pray for us.
Virgin most renowned,	Pray for us.
Virgin most powerful,	Pray for us.
Virgin most merciful,	Pray for us.
Virgin most faithful,	Pray for us.
Mirror of justice,	Pray for us.
Seat of wisdom,	Pray for us.
Cause of our joy,	Pray for us.
Spiritual vessel,	Pray for us.
Vessel of honor,	Pray for us.
Singular vessel of devotion,	Pray for us.
Mystical rose,	Pray for us.
Tower of David,	Pray for us.
Tower of ivory,	Pray for us.
House of gold,	Pray for us.
Ark of the Covenant,	Pray for us.
Gate of Heaven,	Pray for us.
Morning star,	Pray for us.
Health of the sick,	Pray for us.
Refuge of sinners,	Pray for us.
Comforter of the afflicted,	Pray for us.
Help of Christians,	Pray for us.
Queen of angels,	Pray for us.
Queen of patriarchs,	Pray for us.
Queen of prophets,	Pray for us.
Queen of apostles,	Pray for us.
Queen of martyrs,	Pray for us.
Queen of confessors,	Pray for us.
Queen of virgins,	Pray for us.
Queen of all saints,	Pray for us.
Queen conceived without Original Sin,	Pray for us.
Queen assumed into Heaven,	Pray for us.
Queen of the most holy Rosary,	Pray for us.
Queen of peace,	Pray for us.

Lamb of God, who takes away the sins of the world,
Spare us, O Lord.

Lamb of God, who takes away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who takes away the sins of the world,
Have mercy on us.
Pray for us, O Holy Mother of God, That we may be made worthy of
the promises of Christ.