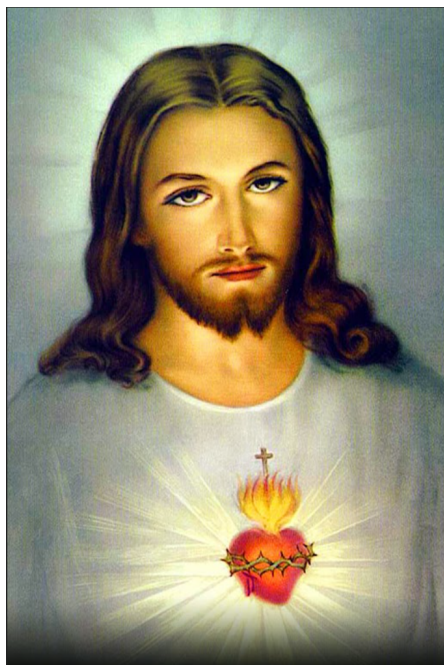




Sacred Heart Catholic Church Sheffield



COME TO ME, ALL YOU THAT LABOUR, AND ARE BURDENED, AND I
WILL REFRESH YOU.
MATTHEW 11:28

Prayers to the Sacred Heart of Jesus

June 2020

Prayers to the Sacred Heart of Jesus

INTRODUCTION

The month of June is set apart for special devotion to the Sacred Heart of Jesus and so it is very fitting that we, as the community of Sacred Heart Hillsborough, reflect on the words and prayers in this booklet to bring us closer, not only to each other in these troubled times but to the focus of our devotion – The Most Sacred Heart of Jesus. A statue or picture can provide a focal point while we are saying our prayers. The Solemnity of the Sacred Heart of Jesus is 19 days after Pentecost – this year Friday, 19th June.

PRAYER TO THE SACRED HEART - Cardinal Merry del Val **FOR THE CHURCH**

O most holy Heart of Jesus, shower Thy blessings in abundant measure upon Thy holy Church, upon our Pope, Francis and upon all the clergy; to the just grant perseverance; convert sinners; enlighten unbelievers; bless our relations, friends and benefactors; assist the dying; deliver the holy souls in purgatory; and extend over all hearts the sweet empire of Thy love. Amen.

ACT OF LOVE

Reveal Thy Sacred Heart to me, O Jesus, and show me Its attractions. Unite me to It for ever. Grant that all my aspirations and all the beats of my heart, which cease not even while I sleep, may be a testimonial to Thee of my love for Thee and may say to Thee: Yes, Lord, I am all Thine; pledge of my allegiance to Thee rests ever in my heart will never cease to be there. Do Thou accept the slight amount of good that I do and be graciously pleased to repair all my wrong-doing; so that I may be able to bless Thee in time and in eternity. Amen.

MEMORARE TO THE SACRED HEART

Remember, O most kind Jesus, that none who have had recourse to Your Sacred Heart, implored its assistance, or called for mercy, have ever been abandoned.

Filled with this same confidence, O divine Heart, Ruler of Hearts, I fly to You and oppressed beneath the weight of my sins, I come before You. Despise not your unworthy child but grant me, I pray, and entrance to your Sacred Heart. Help me through all my conflicts and sufferings and

be with me now and at all times but especially in the hour of my death.
O gracious Jesus. O amiable Jesus. O loving Jesus. Amen

DEVOTIONAL PRAYERS

♥ Prayer to the Sacred Heart

O most holy Heart of Jesus, fountain of every blessing,
I adore you, I love you and will a lively sorrow for my sins.

I offer you this poor heart of mine.

Make me humble, patient, pure, and wholly obedient to your will.

Grant, good Jesus, that I may live in you and for you.

Protect me in the midst of danger; comfort me in my afflictions;
give me health of body, assistance in my temporal needs,
your blessings on all that I do, and the grace of a holy death.

Within your heart I place my every care.

In every need let me come to you with humble trust saying,
Heart of Jesus, help me.

Amen.

♥ Daily Offering

O Jesus, through the Immaculate Heart of Mary, I offer you all my
prayers, works, joys, and sufferings of this day, for all the intentions of
your Sacred Heart, in union with the Holy Sacrifice of the Mass
throughout the world, in reparation for my sins, for the intentions of all
my relatives and friends, and in particular for the intentions of the Holy
Father.

♥ Novena to the Sacred Heart of Jesus

This nine-day prayer is often said prior to the Feast of the Sacred Heart
(This year 19th June)

O my Jesus, you have said: "Truly I say to you, ask and you will receive,
seek and you will find, knock and it will be opened to you." Behold, I
knock, I seek, and ask for the grace of (name your request). Our
Father... Hail Mary... Glory be to the Father...

♥ Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have
compassion on the afflicted, have pity on us miserable sinners and
grant us the grace which we ask of you, through the Sorrowful and
Immaculate Heart of Mary, your tender mother and ours.

Say the Hail, Holy Queen and add: "Saint Joseph, pray for us."

Prayers for Special Circumstances

♥ Prayer of Trust to the Sacred Heart (in Times of Stress)

Holy Heart of Jesus, Sweet Sanctuary of rest,
bring peace to my soul and settle my spirit,
especially in the matter of_____.

I vow to place all of my worries and fears
into the wound of your Sacred Heart,
there to be tended to in accordance with your perfect will,
which desires only the best and highest good.

Your love alone is enough, and I surrender to it;
clinging to the hope of a swift resolution
and trusting with confidence in all of your promises.
Amen.

♥ Prayer to the Sacred Heart in Times of Loss

Sweet Jesus, your heart beats for the brokenhearted,
and you know their pain.

You experienced loss when your friend Lazarus died,
and betrayal when your friends abandoned and rejected you in
your darkest hours.

I ask you for relief and release right now in this time of grief.
I cry out to your heart, seeking comfort and consolation.
Take this present heartache and unite it to your own for the good of
others,
especially_____.

Ease my sorrow,
and fill my heart with hope and light to face another day.
Amen.

♥ Prayer to the Sacred Heart for Help to Forgive

Lord Jesus,
my heart feels like an impenetrable stone as I am struggling to
forgive_____.

Please trade my hardened heart for one that flows with mercy like your
own.

Give me the grace to let go of bitterness, a desire for revenge, and the
need for an apology.
Set me free from the captivity of my unforgiving heart and fill me with
your healing love. Amen

♥ Prayer to the Sacred Heart for Someone Who Is Addicted

Lord, my heart is filled with concern for _____, who is addicted.
You know and see the disorder and chaos that the addiction is causing,
and your heart grieves over the distortion of personality and danger to
the soul

that results when someone is in the throes of addiction.

I pray that you will please give me the wisdom and spiritual
fortitude to detach with love and trust in your tender mercies
and that you will give _____ the humility and strength to seek
recovery.

I ask this through the saving grace of your Sacred Heart.
Amen.

♥ Prayer to the Sacred Heart When Health Is Failing

Sweet Heart of Jesus,
my health is failing, and I am hurting.
Thank you for my body, which is a great and marvelous gift
and a temple where the Holy Spirit chooses to dwell.

I offer up my current suffering for _____,
accepting whatever you permit to happen to me.

I believe in your healing power and claim your promises of peace,
help in all my afflictions, and the grace of final perseverance.

Help me to resist all fear, and hide me, Lord,
in the haven of your precious heart.

Give me the strength to accept this current state of my health with joy,
holy resignation, and lively hope for the future.

Amen.

♥ Prayer of Thanksgiving and Praise to the Sacred Heart

Lord, you deserve all honor and praise,
because your love is perfect and your heart sublime.
My heart is filled to overflowing with gratitude

for the many blessings and graces you have bestowed upon me and
those
whom I love.

Forever undeserving, may I always be attentive
and never take for granted the gifts of mercy and love
that flow so freely and generously from your Sacred Heart.

Heart of Jesus, I adore you.

Heart of Jesus, I praise you.

Heart of Jesus, I thank you.

Heart of Jesus, I love you forever and always.

Amen.

The Prayer to the Sacred Heart

Oh Lord Jesus Christ, to Your most Sacred Heart I confide this
intention {name petition}.

Only look upon me, then do what Your love inspires. Let Your Sacred
Heart decide.

I count on You. I trust in You. I throw myself on Your mercy. Lord Jesus,
You will not fail me.

Sacred Heart of Jesus, I trust in You.

Sacred Heart of Jesus, I believe in Your love for me.

Sacred Heart of Jesus, Your kingdom come.

Sacred Heart of Jesus, I have asked You for many favours, but I
earnestly implore this one.

Take it, place it in Your open Heart.

When the Eternal Father looks upon it, He will see it covered with Your
Precious Blood.

It will be no longer my prayer, but Yours, Jesus. Sacred Heart of Jesus,
I place all my trust in You. Let me not be disappointed. Amen.

The Litany of the Sacred Heart of Jesus

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

(Repeat - have mercy on us - after each line)

God the Son, Redeemer of the world,
God the Holy Spirit,
Holy Trinity, one God,
Heart of Jesus, Son of the Eternal Father,
Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb,
Heart of Jesus, substantially united to the Word of God,
Heart of Jesus, of infinite majesty,
Heart of Jesus, holy temple of God,
Heart of Jesus, tabernacle of the Most High,
Heart of Jesus, house of God and gate of heaven,
Heart of Jesus, glowing furnace of charity,
Heart of Jesus, vessel of justice and love,
Heart of Jesus, full of goodness and love,
Heart of Jesus, abyss of all virtues,
Heart of Jesus, most worthy of all praise,
Heart of Jesus, King and center of all hearts,
Heart of Jesus, in whom are all the treasures of wisdom and knowledge,
Heart of Jesus, in whom dwells all the fullness of the Godhead,
Heart of Jesus, in whom the Father was well pleased,
Heart of Jesus, of whose fullness we have all received,
Heart of Jesus, desire of the everlasting hills,
Heart of Jesus, patient and rich in mercy,
Heart of Jesus, rich to all who call upon You,
Heart of Jesus, fount of life and holiness,
Heart of Jesus, propitiation for our offenses,
Heart of Jesus, overwhelmed with reproaches,
Heart of Jesus, bruised for our iniquities,
Heart of Jesus, obedient even unto death,
Heart of Jesus, pierced with a lance,
Heart of Jesus, source of all consolation,
Heart of Jesus, our life and resurrection,
Heart of Jesus, our peace and reconciliation,
Heart of Jesus, victim for our sins,
Heart of Jesus, salvation of those who hope in You,
Heart of Jesus, hope of those who die in You,
Heart of Jesus, delight of all saints,
Lamb of God, who takest away the sins of the world,

Spare us, O Lord.
Lamb of God, who takest away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who takest away the sins of the world,
Have mercy on us.

Jesus, meek and humble of Heart,
Make our hearts like unto Thine.

Let us pray

Almighty and eternal God, look upon the Heart of thy most beloved Son and upon the praises and satisfaction which he offers thee in the name of sinners and to those who implore thy mercy, in thy great goodness, grant forgiveness in the name of the same Jesus Christ, thy Son, who lives and reigns with thee forever and ever. Amen