

*Sacred Heart
Catholic Church
Sheffield*



Fatima Devotion

The Immaculate Heart of Mary

August 2020

Fatima Devotion to the Immaculate Heart of Mary

"You have seen hell where the souls of poor sinners go. To save them, God wishes to establish in the world devotion to my Immaculate Heart. If what I say to you is done, many souls will be saved and there will be peace... I shall come to ask for... the Communion of reparation on the first Saturdays..."

Mary told at Fatima

The observance of the first Saturday in honor of the Immaculate Heart of Mary is intended to console her Immaculate Heart, and to make reparation to it for all the blasphemies and ingratitude of men.

This devotion and the wonderful promises connected with it were revealed by the Blessed Virgin to three children, Francisco, Jacinta and Lucia to whom she appeared at Fatima, Portugal, in 1917.

Practices:

The devotion involves the following practices on five consecutive first Saturdays with the specific intention of making reparation for the offences (above) against the Blessed Virgin.

1. Go to Confession
2. Receive the Holy Eucharist
3. Pray five decades of the Rosary
4. "Keep me company for fifteen minutes while meditating on fifteen mysteries of the Rosary." This is separate from praying the Rosary as mentioned above, and is preferably done in the presence of the Lord in the Tabernacle or at Exposition of the Blessed Sacrament where available. Many also say the Litany of Loreto, also known as the Litany of the Blessed Virgin Mary.

Promises:

1. The Virgin Mary's assistance at the hour of death with the graces necessary for salvation for those who practice the devotion.

2. Salvation of souls and peace as a result of promoting of the Devotion to the Immaculate Heart.

Invocations to the Immaculate Heart of Mary

Heart of Mary,

pray for us.

Heart of Mary, like unto the Heart of Jesus,

Heart of Mary, united to the Heart of Jesus,

Heart of Mary, Instrument of the Holy Spirit,

Heart of Mary, Sanctuary of the Divinity,

Heart of Mary, Tabernacle of God Incarnate,

Heart of Mary, always exempt from sin,

Heart of Mary, always full of grace,

Heart of Mary, blessed among all hearts,,

Heart of Mary, Illustrious Throne of Glory,

Heart of Mary, Abyss and Prodigy of humility,

Heart of Mary, Glorious Holocaust of Divine Love,

Heart of Mary, nailed to the Cross of Jesus,

Heart of Mary, Comfort of the Afflicted,

Heart of Mary, Refuge of Sinners,

Heart of Mary, Hope of the Agonising,

Heart of Mary, Seat of Mercy,

V. Pray for us, O holy Mother of God,

R. That we may be made worthy of the promises of Christ.

Let us pray:

Almighty and eternal God, Who prepared a worthy dwelling place for the Holy Spirit in the Heart of the Blessed Virgin Mary, vouchsafe, we beseech Thee, to grant unto us who devoutly keep this commemoration in honor of the same most pure Heart, the grace to order our lives according to Thine own Heart. Through Christ Our Lord. Amen.

Act of Reparation to the Immaculate Heart

Most Holy Virgin and our beloved Mother, we listen with grief to the complaints of the Immaculate Heart, surrounded with the thorns which ungrateful men place therein at every moment by their blasphemies and ingratitude. Moved by the ardent desire of loving thee as our Mother and of promoting a true devotion to thy Immaculate Heart, we

prostrate ourselves at thy feet to prove the sorrow we feel for the grief that men cause thee and to atone by means of our prayers and sacrifices for the offenses with which men return thy tender love.

Obtain for them and for us the pardon of so many sins. A word from thee will obtain grace and forgiveness for all.

Hasten, O Lady, the conversion of sinners that they may love Jesus and cease to offend God, already so much offended, and thus avoid eternal punishment. Turn thine eyes of

mercy towards us so that henceforth we may love God with all our heartwhile on earth and enjoy Him forever in Heaven. Amen.

Short daily renewal of Consecration to the Immaculate Heart of Mary.

Queen of the Most Holy Rosary, I renew my consecration to you and to your Immaculate Heart. Please accept me, my dear Mother, and use me as you wish to accomplish your designs upon the world. I am all yours, my Mother, my Queen, and all that I have is yours.

Act of Reparation to the Immaculate Heart of Mary

O Heart of Mary, I honor Thee as the Heart most pleasing to Our Lord and most intimately united to Him. I love Thee as the Heart of the best of mothers and I rejoice in Thy glorious prerogative. Prostrate before Thee, O Heart of Mary, I make Thee this humble act of reparation for all the outrages Thou has received from me and all mankind I humbly

confess that I have been guilty of the greatest ingratitude towards Thee, but seeing that through Thee, the divine mercy has so often had regard unto me, I venture even yet to hope that Thou wilt not abandon me. In this sweet confidence I am animated by a most earnest desire to be more faithful and more devoted to Thee I pray Thee to accept all the good that henceforth I am resolved to do, to present it to Thy Son Jesus, so that, through Thee, my most loving Savior may pour down His benedictions more and more on me and on all who are dear unto me.

Amen.

(Specify your request and pray for the conversion of sinners.)

Act of Consecration to the Immaculate Heart of Mary

O Virgin Mary, My Mother, I give to Your Immaculate Heart my body and my soul, my thoughts and my actions.

I want to be just what You want me to be, and do just what You want me to do. I am not afraid because You are always with me. Help me to love Your Son, Jesus, with all my heart and above all things.

Take my hand in yours, so I can always be with You.

Act of Consecration to the Immaculate Heart of Mary

O Heart of Mary, I offer, I consecrate to Thee my heart; Thou shalt ever be the object of my veneration, love and confidence, I will offer Thee my devotions every day; I will celebrate Thy feast with joy; I will proclaim Thy greatness and goodness without ceasing; I will neglect no means of obtaining for Thee the honor and the homage which are due Thee; I will bring all the thoughts and affections of my heart into conformity with Thee, and will make it my duty to imitate The virtues especially Thy purity and Thy humility.

Vouchsafe, O Mary, to open to me Thy Heart and to receive me therein, in union with all Thy dear and faithful children. Obtain for me the grace I need to imitate Thee as Thou hast imitated Jesus Christ succor me in all dangers; console me in all afflictions and teach me how to make a holy use of all the goods and ills of life. Amen.

Consecration of the Family to the Sacred Heart of Jesus and Immaculate Heart of Mary

Most Holy Hearts of Jesus and Mary, united in perfect love, as You look upon us with mercy and caring, we consecrate our hearts, our lives, our family to You. We know the beautiful example of your home in Nazareth was meant to be a model for each of our families. We hope to have, with your help, the unity and strong, enduring love You gave to one another.

May our home be filled with joy. May sincere affection, patience, tolerance and mutual respect be freely given to all. May our prayers be filled with the needs of others, not just ourselves and may we always be close to your sacraments. Bless those who are present, as well as those who are absent, both the living and the dead; may peace be among us and when we are tested, grant us the Christian acceptance of God's will.

Keep our family close to Your Hearts, may your special protection be with us always. Most Sacred Hearts of Jesus and Mary, hear our prayers.

Act of Consecration to the Immaculate Heart of Mary

Queen of the Most Holy Rosary, and tender Mother of all people, I consecrate myself to you and to your Immaculate Heart, and recommend to you my family, my country, and the whole human race.

Please accept my consecration, dearest Mother, and use me as you wish, to accomplish your designs upon the world.

O Immaculate Heart of Mary, Queen of Heaven and Earth, rule over me, and teach me how to allow the Heart of Jesus to rule and triumph in me and around me, as it has ruled and triumphed in you. Amen.

A Solemn Act of Consecration to the Immaculate Heart of Mary

Most Holy Virgin Mary, tender Mother of men, to fulfill the desires of the Sacred Heart of Jesus and the request of the Vicar of Your Son on earth, we consecrate ourselves and our families to your Sorrowful and Immaculate Heart, O Queen of the Most Holy Rosary, and we recommend to You, all the people of our country and all the world.

Please accept our consecration, dearest Mother, and use us as You wish to accomplish Your designs in the world.

O Sorrowful and Immaculate Heart of Mary, Queen of the Most Holy Rosary, and Queen of the World, rule over us, together with the Sacred Heart of Jesus Christ, Our King. Save us from the spreading flood of modern paganism; kindle in our hearts and homes the love of purity, the practice of a virtuous life, an ardent zeal for souls, and a desire to pray the Rosary more faithfully.

We come with confidence to You, O Throne of Grace and Mother of Fair Love. In flame us with the same Divine Fire which has inflamed Your own Sorrowful and Immaculate Heart. Make our hearts and homes Your shrine, and through us, make the Heart of Jesus, together with your rule, triumph in every heart and home. Amen.

--Venerable Pope Pius XII

Blessed and beloved Mother, I am Your child and I wish to belong to You; I give and consecrate myself forever to Your Immaculate Heart, renewing in Your hands my baptismal promises, and I ask You to ratify my filial homage to Your Immaculate Heart — that of my person and my activities, my temporal and spiritual goods, my resolution to have frequent recourse to Your maternal and merciful intercession. And, insofar as it is within my scope to do so, I offer You also my family, my homeland and all of humanity.

O most pure heart of Mary, full of goodness, show your love towards us. Let the flame of your heart, O Mary, descend on all people. We love you immensely. Impress on our hearts true love so that we long for you.

O Mary, gentle and humble of heart, remember us when we sin. You know that all people sin. Grant that through your most pure and motherly heart, we may be healed from every spiritual sickness. Grant that we may always experience the goodness of your motherly heart, and that through the flame of your heart we may be converted. Amen. Father, You prepared the heart of the Virgin Mary to be a fitting home for Your Holy Spirit. By her prayers, may we become more worthy temples of Your glory. Grant this through Our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, One God, forever and ever. Amen.

Litany of the Immaculate Heart

Devotion to the Immaculate Heart of Mary

<http://www.theotokos.org.uk/pages/fatima/immaculh.html>

The First Saturday Devotion to the Immaculate Heart of Mary

<http://www.miraclerosarymission.org/ihm.htm>

Devotion to the Immaculate Heart of Mary

<http://campus.udayton.edu/mary//meditations/DevImacc.html>

Saturdays and the Immaculate Heart of Mary

<http://www.mariancatechist.com/html/spiritualdevelopment/blessedvirginmary/saturdays andtheimmaculateheart.htm>