
Parish Priest: Fr. Michael Achile Umameh

Parish Deacon: Rev. Tony Strike.

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PARISH BULLETIN OF SACRED HEART CATHOLIC CHURCH, HILLSBOROUGH

Mass Times & Intentions

Mass Information w/c 5th March 2023

2nd Sunday of Lent

Saturday 4th March - 6:30pm Vigil Mass - People of Nigeria

Sunday 5th March - 11am - Koudou's Family (Thanksgiving)

Monday - without congregation - St. Gregory of Nyssa

Tuesday - without congregation - Sts. Perpetua & Felicity

Wednesday - 10:00 am - St. John of God

Thursday - without congregation - St. Frances of Rome

Friday - without congregation - S. John Ogilvie

Saturday am - without congregation

Children's Liturgy

Children's liturgy continues this Sunday. For more information and to sign-up to the family mailing list, visit: **[children's liturgy webpage](#)**

Confessions:

Confessions are available, please make appointment with Fr. Michael by phone or email.

Baptism:

Parents and guardians are now invited to book the baptism of the child/children. The available time slots are: **Saturdays 12 noon & Sundays 1 pm**

Prayer Intentions w/c 5th March

For the Sick:

We pray for all those who are sick, that God may grant them health and strength. We remember
Barbara Beatson, Pip Carrington, Maria Coogan, Fr Michael O'Connor, Wesley, Kay Langan, Sonia Holland, Robert Ainsworth, Ann Saunders, Leah, Emma, Paige, Kevin Noone, Isaac Achemu, Loretta Carr & Catherine Bartlett.

May God bring them healing mercies.

For the Dead:

Please pray all who have died recently and those whose anniversaries occur at this time:

Elizabeth Denning, Glen Addy, Rose Gormley, Mark Neylon, Teresa Caulton, Monsignor Stephen Sullivan, Betty Blagg, Alan Caulton, Brian Thompson, Charlet Peirus, Marie Lindop, Stanley Shaw, John Donlon, Ruth Davison, Francis Roche, Barbara Murphy, Kath Cole, Peter Broadhurst, Mary, Vera, David and Samuel Jackson, Winifred Hattersley, Irene Moore and Willie Coath.

May they rest in peace.

The Book of Remembrance: will be on display next weekend for us all to add and include the names of any deceased family or friends.

Offertory Collection:

Sunday 19th February 2023 - Baskets £378.89

Sunday 26th February 2023 - Baskets £431.89

Tap to Donate: £135 Offertory, £25 Heating Fund, £45 Turkey-Syria

**The basket collection for the earthquake appeal for Syria and Turkey raised £280.60.
 Your generosity is very much appreciated.**

PARISH NOTICES

Check out the new [Parish Calendar on our website](#) - you can even subscribe to it by clicking the button at the bottom of the page (events will be added automatically to your phone/computer calendar).

The Stations of the Cross: each Sunday evening during Lent there will be an opportunity to follow the Stations of the Cross at 6pm in Church. This is a most appropriate way to help us on our journey through Lent reminding us of Christ's suffering and death on the cross.

Preparation for Confirmation: Bishop Ralph Heskett will come to Sacred Heart Church to confirm candidates on Saturday 13 May 2023 during the 6.30pm Mass. We would very much like to offer our young people in Year 9 and 10 the opportunity to prepare for this sacrament. Sessions are scheduled to start on 22 February 2023 in the Church. Please contact Petra Klompenhouwer, one of the catechists on youthshc@gmail.com for an information letter and a schedule of sessions or contact Fr. Michael at the presbytery by phone 0114 234 3580 or email: info@sacredheartsheffield.co.uk.

SVP - if you are sick, elderly, lonely and you would like to be visited by a member of the SVP, please contact Fr Michael or Chris Ashton via the Presbytery Number: 01142343580

Carmel Care Centre welcomes new members

The Carmel Care Centre welcomes all members of the community to join us weekly on a Tuesday and Wednesday for lunch and activities, we are a caring and welcoming group with plenty of space for new members. To find out more please contact Janet Kent on 07927 657462 or email Janet at

jkent@hallam-diocese.com. The centre is based at 172 Dykes Hall Rd, Sheffield S6 4GS.

Teas & Coffees

Each Sunday after the 11am Mass there is an opportunity to get together with other parishioners over a cup of coffee or tea. This is an important way of building and strengthening the parish community, so please join us, whether you are a regular member of the congregation or a visitor. Refreshments are served in the Parish Hall, and we look forward to getting to know you better – all welcome!

Friday 3rd March is CAFODs Lent family fast day when we are asked to forgo a meal and make a donation to CAFOD. This **Sunday, 5th March**, a soup and roll lunch will be provided in the hall after Mass for which a small donation to CAFOD is requested.



Sacred Heart Hillsborough Lenten Retreat Saturday 11th March 2023



All are welcome to a time of prayer and reflection for the Lenten season.

- 9.30am** - Registration & Refreshments in Sacred Heart School Hall
- 10.00am** - Welcome & Introduction (Fr Michael)
- 10.15am** - Morning Prayer (20 mins)
- 10.40am** - Lectio Divina (20 mins)
- 11.00am** - Break
- 11.15am** - Talk & Presentation (20 mins)
- 11.45am** - Activity - Lenten observances & practices in our time
- 12.30pm** - Stations of the Cross
- 1.00pm** - Close

Tel: 0114 2343580 **E-mail:** info@sacredheartsheffield.co.uk
Address: Sacred Heart Church, 479 Langsett Road, Sheffield, S6 2LN

Listen to Lenten Readings

To help focus prayer and reflection during Lent, Sacred Heart parishioners have recorded each of the Lenten daily readings. You can listen to the readings on our Lenten webpage, <https://www.sacredheartsheffield.co.uk/lent/>

The Stations of the Cross

Each Sunday evening during Lent there will be an opportunity to follow the Stations of the Cross at 6pm in Church. This is a most appropriate way to help us on our journey through Lent reminding us of Christ's suffering and death on the cross.

CAFOD's Big Lent Walk

CAFOD are challenging supporters to help stamp out global poverty, one step at a time through the Big Lent Walk! 200km in 40 days throughout Lent. We have formed a Sacred Heart Parish team to fundraise together. You can support CAFOD's appeal by [sponsoring the Sacred Heart team here](#). To take part yourself, raise sponsorship and join the Sacred Heart Parish team, [click here to sign-up](#).

Lenten Prayer Meetings - Lives to Inspire

The Parish will be holding Lenten Prayers using Ignatian Spirituality throughout Lent. The meetings will be online using Zoom on Thursday Evenings at 7.30pm for about 1 hour.



This year's Hillsborough All Churches Family Fun Day will take place on the **13th May in Hillsborough Park**.

Sacred Heart will be providing drinks and cakes again this year. If you would like to contribute cakes/biscuits or to volunteer to help man the refreshment stand for a time during the day, please contact Moses Lutakome or speak with Fr Michael after Mass.

THE EVIDENCE OF GRACE

(Fr. Michael's Homily)



We are Partakers of His Glory

The common theme of today's readings is metamorphosis or transformation. The readings invite us to work, with the assistance of the Holy Spirit, to transform and renew our lives during Lent, that we may radiate the glory and grace of the transfigured Lord which we have received, to all around us by our Spirit-filled lives.

Luke's Gospel tells us that while Jesus was transfigured, Peter, James, and John were asleep (Luke 9:32)! Upon awakening they discovered Jesus in glory along with Moses and Elijah. How much do we miss of God's glory and action because we are asleep spiritually? There are many things which can keep our minds asleep to the things of God: Mental lethargy and the "unexamined life" can keep us from thinking things through and facing our doubts and questions. The life of ease can also hinder us from considering the challenging or disturbing demands of Christ. Prejudice can make us blind to something new the Lord may have for us. Even sorrow can be a block until we can see past it to the glory of God.

The Transubstantiation in the Holy Mass is the source of our strength. In each Holy Mass our offering of bread and wine becomes the Body and Blood of Jesus under the appearances of bread and wine. Hence, just as the Transfiguration of Jesus strengthened the Apostles in their time of trial, each Holy Mass should be our source of Heavenly strength for resisting our own temptations and a source of grace for renewing our lives during Lent. In addition, communion with Jesus in prayer and especially in the Eucharist should be a source of daily transformation of both our minds and hearts, enabling us to see Jesus in every one of our brothers and sisters with whom we come in contact each day.

Each Sacrament that we receive transforms us. Baptism, for example, transforms us into sons and daughters of God and heirs of heaven. Confirmation makes us the temples of the Holy Spirit. By the Sacrament of Reconciliation, God brings back the sinner to the path of holiness. By receiving in Faith, the Sacrament of the Anointing of the Sick, we are spiritually, and sometimes physically, healed, and our sins are forgiven.

A message of hope and encouragement. In moments of doubt, pain and suffering, disappointment, and despair, we need mountain-top experiences to reach out to God and listen to His consoling words: "This is my beloved son/daughter in whom I am well pleased." Our 'Lenten penance' will lead us to the 'Easter joy.'

*Lord Jesus, keep me always alert to you, to your word, your action, and your constant presence in my life. Let me see your glory. **Amen***

Thank you to everyone who has used the Tap to Donate machine in church or the online Tap to Donate. If you haven't yet tried it out, why not give it a go this weekend?

Card/online payments cut down on the cash that needs to be counted and banked by volunteers

each week.

For details of the many ways that you can give time or funds to support the Parish, please visit: <https://www.sacredheartsheffield.co.uk/support/>

In whatever way you support and donate, thank you very much. **God bless you.**

Tap to Donate



If you are a taxpayer, you can increase your donations to Sacred Heart by 25%, simply by completing a Gift Aid Declaration. Through the Gift Aid scheme, the government gives the church 25p for every £1 you donate.

What the church receives is tax you have already paid. **It costs you no more.**

There are blank Gift Aid Declarations at the back of church, and you can complete one using the screen on the Tap to Donate. For more details visit: <https://www.sacredheartsheffield.co.uk/gift-aid/>

Church Heating Fund



We still need to pay for our new pew heating. If you would like to make any donation towards the cost please either pass it directly to Fr Michael or put it in the Offertory basket at Mass.

PLEASE mark any donations '**FOR THE HEATING FUND**' - please include your name and address, so we can claim Gift Aid. You can also donate **online** by clicking the button below.

Many thanks to all those who have already made generous donations and gratitude in anticipation of further offerings.

Click Here to Donate



The Parish will be holding Lenten Prayers using Ignatian Spirituality throughout Lent. The meetings will be online using Zoom on Thursday Evenings at 7.30pm for about 1 hour.

Join us for the next meeting on **Thursday 9th March starting at 7.30pm.**

[Click Here to Join](#)

LINK: <https://us02web.zoom.us/j/9210301020?pwd=MVF0dThLcHYwLzIRSVUwK2IybjZHUT09>

Meeting ID: 921 030 1020

Passcode: LjPd8p

If you wish to dial in using your phone please use one of the numbers below and use the **Meeting ID: 921 030 1020**: +44 208 080 6592; +44 330 088 5830; +44 131 460 1196



LIVES TO INSPIRE

Lenten Prayers using Ignatian Spirituality. Sacred Heart Hillsborough Prayer Group Prayer group

**Thursday Evening
7.30pm for about 1
hour. Online using
Zoom: Lenten Prayer
meeting, see QR code
below:**



During Lent we will be using contemplative prayer exercises from the Glasgow Ignatian Centre and spend time reflecting on the lives of the following Saints:

23 February: St. Ignatius
2 March: St. Teresa of Avila
9 March: St Francis Xavier
16 March: St. Hilda of Whitby
23 March: St. Julian of Norwich
31 March: St. Hildegard from Bingen

6 April is Maundy Thursday and there will be no meeting this evening. Each evening we take time to settle into prayer; Find out about the life of the saint. There might be some scripture or a poem, or a picture. Everybody will then spend 10-15min with these resources. Followed by 15-20min of sharing insights with those attending.

If you want to take part in the full 40 day retreat, download the accompanying booklet, or order your own copy please go to: [Lives to Inspire ICS Lenten retreat](#).

Please note that the saints identified do NOT follow the order as used in the ISC resource.

The QR code takes you to the resource



Prayer Resources for Download

A number of resources are available for download. Please click on the buttons below.

[Parish Community Prayer Booklet](#)

March is the month of St Joseph

O Mary Immaculate, inflame our hearts with one ray of the burning love of thy pure heart

[Pray the Holy Rosary](#)

For services throughout the week we strongly recommend Church Services TV. The link is below:

[Church Services TV](#)

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